# Casemate

### Youth Celebration!

Fort Monroe's annual Kid's Day celebration features games, rides, clowns and more.

Vol. 27, No. 17

Published for the community of Fort Monroe, Va

August 19, 2005



### **MUTS Magic**

A Fort Monroe show features the talents of the U.S. Army Soldiers' Chorus.

..... Photos, Page 3

### A Glimpse at GTMO

The new Post Chaplain recalls his past assignment at Guantanamo Bay.

..... Page 7

### **Nuclear 'Reactors'**

A Monroe-based joint training exercise helps response teams prepare for 'the worst.'

..... Pages 10, 11

### Index

Chaplain's Corner .....2

News Clips	. 4
MP Roll Call	. 5
Sports & Health	12
Moat Notes	14
Movie Schedule	14



Fort Monroe Recycling Center employee Jimmy Frazier tops off a massive box of newspapers that will be sold to a civilian recycling firm.

# Recycle team anticipates another banner year

### BY PATRICK BUFFETT

CASEMATE STAFF WRITER

One pound of scrap metal ... 30

One large used toner cartridge ...

One ton of cardboard ... \$50.

Making Fort Monroe an awardwinning steward of the environment ... priceless.

No matter how you assess the post recycling program these days, the result is always a windfall for the community.

Monetarily, it generated just over \$39,500 in FY04. Some of that cash was recouped from the sale of scrap metal, used bond paper, cardboard, aluminum cans and so forth to civilian recycling firms across southeast Virginia.

A significant chunk of change was also saved by "diverting" reusable trash from local landfills where dumping fees can range from \$27 to \$45 a ton depending on the material being discarded.

"Even if you don't consider the fact

that area landfills are quickly running out of room, you're looking at enormous cost savings for the post," said Peter VanDyke, recycle program manager. "Last year, we (the Fort Monroe community) generated 6,036 tons of trash and our diversion rate was 56 percent."

VanDyke noted that the tonnage of debris recorded in 2004 was unusually high due to the removal of buildings that were damaged beyond the reasonable cost of repair by Hurricane

See RECYCLING, Page 3

# 'The Bowl' expands menu, eyes pizza delivery

introduced a new line of "butcherwrapped" breakfast sandwiches this week, and its food service workers have perfected a pizza menu in preparation for a possible on-post delivery service.

"We think both product lines are going to be a huge hit here," said Chip Wikan, facility manager. "Our first thought was quality followed by convenience. The sandwiches feature made-from-scratch biscuits and a load of fillings, and our pizza is perfection. Each is one heck of a tasty meal."

Offering up the phone book as proof that pizza is a popular com-

The Fort Monroe Bowling Center modity, in that it's the only food was packed and we've got one going to make us very competitive if group that has its own section, Wikan said his staff spent "a considerable amount of time" testing, tasting and tweaking their all-fresh recipe. The list of ingredients on their 16-inch pie now includes at least three cups of a five-cheese blend and a choice of toppings from the traditional pepperoni to mesquite chicken.

> "Thus far, the response has been tremendous," Wikan said, alluding to the all-you-can-eat pizza special The Bowl is offering each Thursday in August from 4 to 9 p.m. The cost is \$5 a head.

"By the second week, this place

request for an organization night. I think we're looking at a sure winner here."

A method of payment that meets Army guidelines is the main technical detail that stands in the way of a pizza delivery service that Wikan hopes to launch soon. "We might be looking at phone orders and a credit card," he said.

The delivery service would not extend beyond Monroe.

"If we're able to get this going, we anticipate no more than a 30minute wait between the time you phone in your order and we're at your door," Wikan said. "That's you compare it to the wait you might experience with off-post delivery."

Customers will also appreciate the convenience, he noted, as pizza orders would be accepted up until an hour before The Bowl's closing time (9 p.m. during summer months). An e-mail order form is also being considered.

"And customers should know that a lot of this is being driven by their feedback," Wikan said. "Never assume your idea is unwanted or unimportant. Tell us about it, and we'll see what we can do to make it happen."

# Columns Commentary

It's fun to make jokes at our own expense every once in a while.

# Our faith helps us create our success

while ago, my daughter put a magnet on our refrigerator that reads: "I got lost in thought ... It was unfamiliar territory." I'm not sure if it was meant to be autobiographical or a commentary about the whole family. Either is possible I guess.

It's fun to make jokes at our own expense every once in a while. Humor has the power of healing and restoration. It's only when we take ourselves too seriously or hold on to unwarranted malice toward others that humor tends to become a hurtful and damaging force.

Have you ever met a person who constantly puts him or herself down? How about someone who is always laughing at himself, but you don't think he's all that funny and perhaps a little bit sad?

In the 60's there was a



Maj. Jerald Jacobs

Post Chaplain's Office

successful comedian named Don Rickles. His "gimmick" was insulting people. "You hockey puck!" he would exclaim, followed by some rhetorical question like, "Who picked out your clothes, Stevie Wonder?"

A lot of folks thought he was funny because it was all in good fun and he really seemed like a nice guy. On the other hand, I sometimes thought he went too far and wasn't really all that nice.

That's just one situation that makes me wonder how funny, nice, pleasant people become bitter, angry and biting. One day they find their "self-concept" has changed. They start thinking of themselves differently. They stop liking themselves. Consequently, they can't really like anyone else.

Perhaps it's a matter of messages the individual receives both externally and internally, and, more importantly, the way they accept and interpret those messages.

If a positive person hears some critical remark, he or she will take a look at what was said and try to determine if there's any validity to the criticism. If there is, the individual will make needed changes. If there isn't, he or she will either try to build up the relationship with the person who offered the criticism or simply forget it.

Conversely, if the person who doesn't feel good about themselves hears criticism, even if it isn't accurate or valid, he or she accepts it as truth and makes inappropriate or unneeded changes in behavior.

It follows the same theory as the "power of persuasion." If a lot of people told one person throughout the day that he didn't look like he was feeling well, by the end of the day that person really would be sick.

We are heavily influenced by what people say about us. But what if we tried that with a message of encouragement and affirmation?

I recently experienced a slightly "blue" period in my life and tried to do things to feel better about myself. I knew that I was on the right track when the next

difficult task came along.

Obviously, I was worried about mishandling or missing a detail, which would create some serious problems. But then I began preparing myself by asking God for guidance and wisdom. I thought carefully about what could be done and what seemed like the best solution. Later, when the task was successfully completed, I actually did a little end-zone celebration.

I'm convinced that the recipe for "success" begins with faith. Spiritual fitness raises your self-concept to appropriate levels.

If we are spiritually healthy – seeking to reach the full potential of our humanity – we'll be stronger emotionally and physically. Strengthen your spirit. Know that you are a person of infinite worth and value. You'll create much of your own success.

God bless you.

# Monroe Equality Day observance features leader of Va. schools

he first woman to oversee Virginia's public school system since it was created in 1870 will be the featured speaker at the post's Women's Equality Day observance Aug. 26 at the Bay Breeze Community Center.

Dr. Jo Lynne DeMary, Virginia's Superintendent of Public Instruction, will speak on the topic, "Are We There Yet?" The 90-minute program will begin at 11 a.m. The program is free and open to the public.

DeMary serves as chief executive officer of the Virginia Department of Education – the administrative agency for Virginia's public school system. She was appointed to her current position by then-Governor Jim Gilmore in June 2000 after serving as acting superintendent since December 1999. In April 2002, Gov. Mark

Warner reappointed her to a fouryear term.

DeMary has more than 35 years experience in public education serving the Commonwealth as a teacher, principal, school supervisor, special education director, and assistant superintendent for the state's public schools, among other positions. From July 1994 until she was appointed acting state superintendent, she served as assistant superintendent for instruction in the State Department of Education.

Born in Rocky Mount, N.C., DeMary moved to Virginia as a young child and attended public schools in Henrico County and graduated from Highland Springs High School. She has a bachelor's degree in elementary education and a doctorate in educational planning and administration from The College of William and Mary, and a master's degree in special education from Virginia Commonwealth University.

DeMary has received many awards for her contributions to public school education. In October 2004 she was presented the Pace Humanitarian Award from the National Association of State Directors of Special Education and in June 2005 she received the Frank E. Flora Lamp of Knowledge Award given by the Virginia Association of Secondary School Principals.

Light refreshments will be served after the program.

The Bay Breeze Community Center, Building 185, is located on Fenwick Road. A sign language interpreter will be on site.

For more information, contact the Fort Monroe Equal Employment Opportunity office at 788-3500.

# **Yard of the Month**

## August

The Office of the Post Command Sergeant Major recently announced the winners for the August Yard of the Month competition. They are:

- Ingalls I Col. Joseph and Barbara Moore
- Reeder Circle Sgt. 1st Class Allen and Nadia Freeman
- Junior Enlisted Staff Sgt. Debbie and Michael Langille; Staff Sgt. Raymond and Elisabet Law
- Ingalls II Warrant Officer Coral and Derrick Jones
- Moat Officer Col. James and Fa'animo Dunn
- Moat Walk Maj. John and Nicole Kallo
- Monroe Apartments. Lt. j.g. Jimmy and Stacia Landrom

The Yard of the Month competition concludes Sept. 12. Residents are reminded that arrangements can be made through Self Help for mulch for fall flower beds. Fall cleanup is also just around the corner, so start planning your projects.

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# Casemate

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# 'Film at Seven'

Photo above: Staff Sgt. Sara Jones and Master Sgt. Victor Cenales lead the U.S. Army Soldiers' Chorus in singing "Let Freedom Ring" during the Aug. 11 Music Under the Stars concert at Continental Park. Hosted by The U.S. Continental Army Band, the concert was titled "Film at Seven" and featured hits from stage and screen. The Soldiers' Chorus also performed Irving Berlin's "There's No Business Like Showbusiness," and "One Day More" from the hit Broadway musical "Les Miserables." Sgt. Charles Harper, pictured right, also received a standing ovation for his rendition of "Over the Rainbow" from "The Wizard of Oz."



### Free and open to the public, the event "celebrates our most precious assets, while affording parents, grandparents and caregivers the opportunity to explore what the military community has to offer children," according to organizers.

inside the moat.

Post Kid's Day

features food,

games, prizes

Games, prizes, free food and beverages, a parade and special visits by Ronald McDonald, the Geico Gecko, Marva Maid Cow and more are just some of the offerings of the 11th Annual Kid's Day celebration scheduled for Aug. 27 from 10 a.m. to 2 p.m. at the parade field

Other activities will include dancing, obstacle courses, balloons, face painting and much more. Kids will also have the chance to see clowns and other entertain-

There will be free hot dogs, chips and soda for all who attend. Information booths will be available for parents.

The event is expected to be a great success, as it was last year, but volunteers will be needed to help. For more information on the event, or if you wish to volunteer, contact Army Community Services at 788-3878.

# RECYCLING Continued from Page 7

Isabel in September 2003, and the deconstruction of several "Queen Anne" duplex homes that had become too expensive to maintain.

Business will be every bit as good this fiscal year, according to the numbers VanDyke has crunched thus far. Even though the tonnage of debris produced by the installation is expected to be "in the neighborhood" of what it was last year, largely due to the recent removal of a large portion of Wherry Housing, the landfill diversion rate could go as high as 66 percent.

"We currently show revenues of \$24,631," VanDyke noted. "But that should increase significantly once we factor in the data from the remainder of the year. My best guesstimate is that our revenues will be roughly the same amount as FY04."

The reported totals become much more impressive when compared to those of just five years ago when a fledgling recycle program achieved a meager 5 percent diversion rate, and revenues of only \$5,030.

It's also worth noting that the Army-mandated trash diversion rate to be achieved by the end of FY05 is 40 percent, a mark the Monroe recycling team has far exceeded. And if that's not enough, you might want to consider the recent awards the program has received. They include an "Outstanding Government Agency" nod from the Virginia Recycling Association, honorable mention from the White House "Closing the Circle" award program, and the Hampton Roads Sanitation District Pollution Preven-

"We're quite aware of the role the community played in elevating our program to where it's at now," said Ronald Pinkoski, an environmental engineer who works alongside VanDyke.

"It took a tremendous amount of concern and environmental consciousness," Pinkoski added. "And we helped it along with programs like Project Pride and publicity through our Web site, the post newspaper and command channel. The understanding and cooperation of our contractors should also be acknowledged. This is truly a team effort."

The success of the fort's recycling program could also be measured by its ability to pay for itself. Current revenues cover a good portion of the operational costs, to include the salary of its three employees.

"If we surpass that break-even point, it would benefit the community even further," VanDyke said. "That's when we can start funneling any remaining dollars into additional environmental projects or even MWR programs that benefit the community."

While that's a "mark on the wall," VanDyke noted that other matters are more pressing at present. Keeping community members informed about the importance of recycling and the services his team provides is a regular, and more current, challenge.

They're doing everything they can to make the recycling process easier - like the recent addition of collection bins in front of the center so community members, to include those that live off post, can just drive up and drop off 24/7. It's also universal - they recently added plastic to the list of items they'll accept. New recycle bins with a larger capacity are also on their way to post housing residents.

"We're also doing more inspections of office areas and dumpsters to insure recyclable items are being disposed of properly," VanDyke said. "The idea isn't to punish people, but to educate them. It's easier to break down boxes and call us for a pickup, if needed, than lugging that stuff out to the dumpster."

Lumber, batteries, car parts, used petroleum products, pesticides, paint and other hazardous materials are also among the items that are prohibited from being thrown into post dumpsters. All of those things can be handled safely by

the recycling center.

Anyone with questions about the recycling program, to include how to request additional bins or arrange for a special pickup, should call the recycling center at 788-3166. The recycle center is located in Building 81, Eustis Lane, behind DPW. Operating hours are Monday through Friday, 7 a.m. to 3:30 p.m.

Recyclable items include: white paper, aluminum cans, cardboard, telephone books, old magazines, newspapers, spent toner cartridges, plastic containers, and copper, aluminum and steel scrap metal. Items brought to the scrap metal yard behind Building 81 must be mostly metal with few pieces of plastic or electronics attached. For example, plastic chairs with metal legs are not acceptable.

The recycle team also has a routine schedule for picking up white paper (shredded or whole), newspapers, aluminum cans, plastic containers and cardboard inside office buildings on post. Please break down any cardboard and stack it neatly near a recycle bin for pickup. Toner cartridges should also be stacked neatly near a bin. A clear plastic trash bag should be used for plastic containers and aluminum cans (unless a separate receptacle is available nearby). If your building needs additional recycling bins, contact the Environmental Office at 788-2444.

Curbside pickup for post residents occurs each Tuesday. The recycle center and DPW can also assist on-post residents and employees with removal of large amounts of recyclable items (i.e. multiple cardboard boxes, metal furniture, branches, etc.) Special pickups must be arranged

"Of course, there is one final step to the recycle process," Pinkoski emphasized. "Consumers should make it a habit to purchase products that use recycled materials. That's the only way to close the circle and assure the continued success of recycle programs everywhere."



Fort Monroe CYS is now accepting bus transportation reservations for the '05-'06 school year for any child enrolled in the SAS or YS programs. For more information, call 788-2698.

### 'Family Night' returns

The "Family Night" dinner and Bible study program returns to the newly-restored Chapel Center Sept. 7 at 5 p.m., and continues each Wednesday.

The first subject for study is "If You Want to Walk on Water You Have to Get Out of the Boat." Chaplains Steve Feehan, Jerald Jacobs and Barry White will facilitate the discussion.

The Chapel Center will provide a main dish and beverages. Participants are asked to bring a large side dish, salad or a dessert.

Nursery care will be provided. For sign up, call 788-26ll.

### History discussion

The Historical and Archaeological Society of Fort Monroe will meet on Sept. 12 at 11:30 a.m. at Delargy's Bistro, 1814-A Todds Lane, Hampton. The guest speaker will be Anna Holloway, curator of the Monitor Center, Mariners Museum. She will give an illustrated talk on the Monitor Center, which opens in 2007.

For more information, contact David Johnson at 788-3935.

### Health notice

Due to an increase in the number of cases of West Nile and Eastern Equine Encephalitis found among chickens and horses in the Tidewater area, health officials advise all area residents to use insect repellent when outdoors.

The repellent should not contain more than 35 percent of diethyl toluamine (DEET) for adults and 10 percent for children. Do not use DEET on children less than two months old. The repellent should be sprayed on clothing and exposed areas of skin.

Aerial spraying for mosquitos also began this week. Flights are planned through today, and will occur around 4:30 p.m. For more information, contact Grady Wesson at 788-5364.

### Ethics training

All post employees are reminded that the Secretary of the Army has made face-to-face ethics training mandatory for military and civilian personnel regardless of rank or position. The next training sessions will be held Sept. 6 and 21 in the Post Theater at 1 p.m. Participants must sign in upon arrival to receive credit for the training.

The Office for the Staff Judge Advocate can conduct training for individual offices or organizations at other times, if desired.

For more information, contact Capt. Lashanda Ellis-Ramsey at 788-4187.

# 5X10 AD

# Clinic offers home/car repair tips

"New York Times" bestselling authors Julie Sussman and Stephanie Glakas-Tenet will host a "Dare to Repair" home and car care clinic Saturday at the Naval Station, Norfolk Theater at 10 a.m.

Sponsored by the Lowe's home hard-ware chain and the national "America Supports You" program, the event is primarily geared toward the spouses of service members who are deployed. Other military spouses are welcome; however, if space is available.

Following the clinic, the authors will give away copies of their best sellers. Lowes will donate all of the products used in the clinic, and BP will give away gas cards.

The event will also include an announcement about a new Habitat for Humanity women's building project slated for Virginia Beach.

This event will be filmed by Good Morning America and aired on Aug. 30.

Pre-registration is required. For more information, or to reserve seats, call 322-2855.

In honor of National Peach Day, Aug. 24, Fitside Perk will give away a peach smoothie or protein shake sample and 50 cents off the purchase price. The offer is good that day only.



# Post PMO addresses illegal parking issues

Fort Monroe's monthly crime and incident report continues to reflect a significant volume of parking violations.

Illegal parking contributes to congestion and impedes the flow of traffic. Ensuring that all drivers adhere to post parking statutes minimizes these conditions and greatly reduces the potential for accidents.

"Close to the office" parking is a premium; however, if you aren't lucky enough to find one of these spots it's advisable that you park in a clearly marked legal space to avoid a ticket.

Military Police are the only authority on post who may issue a ticket for a parking violation; no other form of document is authorized.

Furthermore, only the garrison commander can assign or designate reserved parking spaces. Supervisors who believe a reserved space is justified can submit a request to his office. Upon approval, the appropriate sign will be made and installed by DPW only.

The following parking guidelines are also outlined in Fort Monroe Regulation 190-5:

### **Authorized Parking**

Parking is authorized only in the following areas:

- a. Outside of housing areas within two white painted parking lines on streets and in parking lots.
- b. In housing areas in driveways and within two white painted parking lines on streets and in parking lots.

### **Prohibited Parking**

In an effort to limit the number of signs erected on Fort Monroe, there is no requirement to post a sign where parking is prohibited. Some prohibited parking signs have been installed as reminders only. Parking is prohibited when it is:

- a. In violation of any Virginia Vehicle & Traffic Laws.
- b. Outside of two white painted parking lines on streets or in parking lots. The lack of two white painted lines is indicative of unauthorized parking.

See ROLL CALL, Page 17

2 X 2 AD

2 X 3 AD

# Fort Monroe Sexual Assault Prevention and Response Program Phone Card

### Advocates are on call 24/7

Richey Cooper, Sexual Assault Response Program Coordinator, (757) 387-0265

Eva Granville, Installation Victim Advocate, (757) 387-0266

Unit Victim Advocates, (757) 387-0267

Victims may remain anonymous!

4 X 12 AD

# New Post Chaplain recalls 'GTMO' duty

### STORY AND PHOTO BY PATRICIA RADCLIFFE

CASEMATE STAFF WRITER

For the better part of the past three years, the world has kept a close watch on the 45-square-mile compound that occupies a small portion of the lower east tip of Cuba.

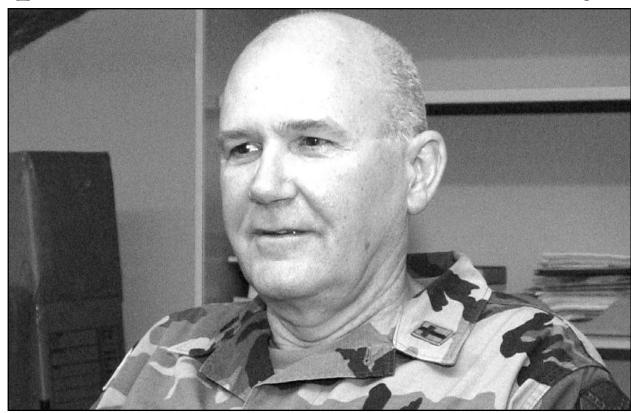
Naval Station, Guantanamo Bay – or "GTMO" to the 9,500 troops assigned there – has always been unique in that it's the only U.S. base in operation on communist soil. But its main claim to fame these days is its role in the Global War on Terrorism. Since 2002, the compound has served as the temporary "home" for roughly 520 al-Qaeda and Taliban detainees.

When you're a Soldier assigned to GTMO, you quickly become accustomed to the limelight, according to Lt. Col. Steve Feehan, Fort Monroe's new Post Chaplain. Prior to coming here, he was the Joint Task Force Chaplain at GTMO. His mission was to take care of the spiritual needs of the individual Soldier and advise the command on issues surrounding religion.

"It was a good assignment," Feehan said. "It was challenging, but we all knew we were playing an important role in the war on terrorism, and we were doing an honorable mission in an honorable way."

Although U.S. chaplains are not tasked with performing services for detainees, they do provide what is needed for them to worship.

"Each had a Quran if they wanted one," Feehan explained. "They had prayer beads and the direction to Mecca was marked in all detainee areas. Prayer mats were also provided and dietary practices were honored. For Ramadan, the meal schedules were adjusted, if they wanted to observe the fast (during daylight hours and



Lt. Col. Steve Feehan, Post Chaplain

eat a light meal in the evening). They weren't required to, but they could.

"I believe that most of the Soldiers felt much as I," the chaplain continued. "Detainees had a right to believe as they believed and to practice what they wanted to practice. Soldiers didn't have any problem with that, and there was a great deal of awareness about important cultural and religious facts."

During his tour, troop morale remained "very

high," he said, even when the media churned up negative stories about the treatment of

"It's a bit unfortunate when the media doesn't give Soldiers the kind of credit they deserve for the job they are doing. Unsubstantiated allegations always seemed to make the headlines. And it's part of the training of many of the people who are detained down there is to make those

See GUANTANAMO, Page 16

6 X 7 AD **10** Casemate, August 19, 2005

Casemate, August 19, 2005



hoto by Spc. Thomas Day, 40th Public Affairs Detachment



Photo by Spc. Thomas Day, 40th Public Affairs Detachmen

Photo top: Air Force Tech. Sgt. Sandra Cavallo and Navy Petty Officer 2nd Class David Rodriguez load up a palate of equipment for deployment in support of Sudden Response 2005. Photo above: Government civilians, contractors and military members from all branches of service work side-by-side during the exercise. Photo right: Maj. Gen. Bruce Davis, commander of Joint Task Force Civil Support, discusses Sudden Response 2005 during a media briefing here Tuesday.



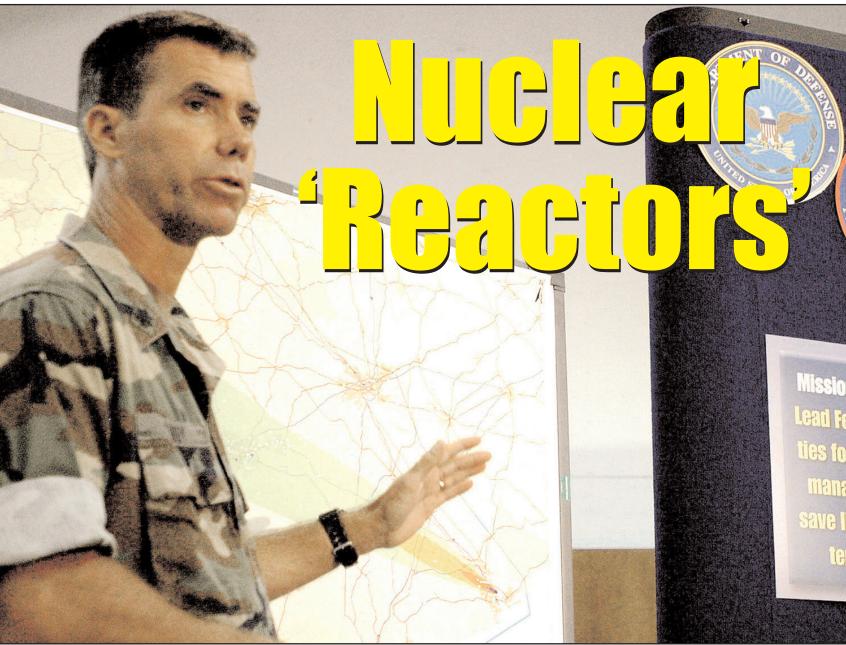


Photo by Spc. Chris Jones. 40th Public Affairs Detachment

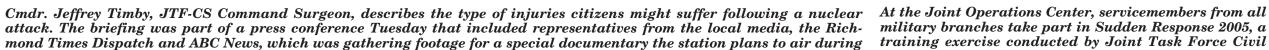




Photo by Spc. Thomas Day, 40th Public Affairs Detachment

# Joint exercise participants prepare for 'the worst'

BY SPC. CHRIS JONES, 40TH PAD, FORT CAMPBELL, KY.

the week of Sept. 11.

FORT MONROE, Va. – Most local headlines in Charleston, S.C., probably won't grab national attention: a road is closed for construction, local officials debate a proposed law, a man is shot in a small town outside Charleston.

But how about this for a headline: "Run for Your Lives: Charleston will blow up this week."

A military training exercise here is using Charleston as the setting of a nuclear disaster to improve the United States' readiness if such an event should occur.

At Fort Monroe, Joint Task Force Civil Support, a unit composed of service members from all branches of the military, will use the training to improve and accelerate the nation's response to a national disaster.

Although the scenario is based on a nuclear attack by terrorists, JTF-CS also trains on how to react to four other types of catastrophic events: chemical, biological, radiological and high-yield explosive, according to a JTF-CS capabilities report.

Established in October 1999, JTF-CS, which falls under U.S. Northern Command, was formed to "save lives, prevent injury and provide temporary critical life support following a national disaster," said Maj. Gen. Bruce Davis, the organization's commander.

To ensure its readiness, JTF-CS routinely conducts training exercises. The current training mission, titled Sudden Response 2005, officially began Monday, but preparation began several months ago. Ken Lucas, deputy opera-

tions officer for JTF-CS, began the opening conference by saying, "Good morning. You may not know this, but last night Charleston blew up."

Less than 160 people fill the staff of JTF-CS. However, the unit swells to huge numbers in the event of a catastrophe. Up to 3,000 people can be attached to the unit or organized into separate task forces, according to a JTF-CS public affairs official

Typically, in a nuclear disaster, the explosion is not what takes the most lives, but the subsequent fallout, as stated in the initial assessment approved by Davis. Where JTF-CS can save the most lives is after the detonation, by sheltering those in the contaminated fallout path.

Brooks Price, a nuclear, biological and chemical technician with JTF-CS, said the aftermath of a nuclear attack depends on several factors, particularly weather, terrain and the detonation

The worst case scenario would be a nuclear explosion occurring at ground level, with high winds directed inland and a relatively flat surface. Price said.

"Obviously, the farther the radioactive fallout spreads, the worse it's going to be," Price said. "So you always have to take these things into consideration when making decisions after the explasion"

Another key element of JTF-CS is the medical personnel, which not only include medics, nurses and doctors, but also medical suppliers. Cmdr. Jeffrey Timby, JTF-CS surgeon, said the biggest challenge facing medical staff in a disaster is effectively dispersing the staff.

"With so many people already requiring or soon requiring medical attention, and with all the different tasks to accomplish, the medical field will be pulled in seven or eight different directions."

Cmdr. Jeffrey Timby JTF-CS SURGEON

"With so many people already requiring or soon requiring medical attention, and with all the different tasks to accomplish, the medical field will be pulled in seven or eight different directions." Timby said.

Sudden Response was developed to put participants in the most realistic situations as possible, with almost every detail brought into account, Timby said. As evidence of this, Timby, while working through logistical concerns, receives a message from a Navy medic. She tells Timby that six medics are refusing to take their anthrax shots.

Such are issues that may face JTF-CS in a real-life situation. However, Timby just shrugs and says, "well, they have a right to refuse the anthrax shot. Heck, a Soldier can refuse to wear body armor, but it's not going to get him out of the battle, and it wouldn't be very smart."

Timby knows that a large-scale disaster, with an aftermath more devastating than the blast, 2005.)

could be perilous not only to the victims, but to those tasked to rescue those victims. The danger involved in these rescue missions makes no job more important than another, because everyone relies on somebody else, Timby said

Of course, the mission is at a stand-still until the supplies and staff reach the fallout site. Air Force Master Sgt. Marvin Woody, loadmaster for JTF-CS logistics, has an 8-hour deadline for packing all the necessary equipment to ship to the disaster area – from lights to burn bags to binders, everything needed to carry out not only a rescue mission but also daily operations.

Two people from each section are called in to palletize the supplies for movement.

According to Woody, the most difficult phase of this process is similar to that which the medical field faces – acquiring the necessary personnel to accomplish the mission.

"Everyone has their own obligations when it comes to deploying, so getting everyone together for this one task – that's the hardest part," Woody said.

According to exercise organizers, Sudden Response also features outside players from the Federal Emergency Management Agency, Department of Energy, South Carolina Division of Emergency Management and U.S. Northern Command.

"This is our most significant training exercise of the year," Davis said.

Sudden Response is set to wrap up Friday.

(The 40th Public Affairs Detachment augmented JTF-CS during the exercise Sudden Response 2005)

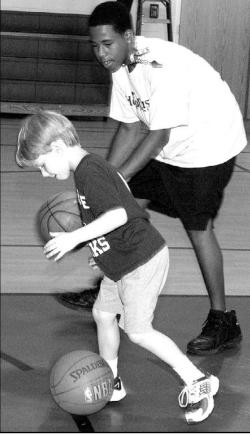
# Sport& Health

# Got any sports results? Need to advertise an upcoming event?

Give us a call at 788-3208 or e-mail casemate@monroe.army.mil.







Photos by Patricia Radcliffe

# **Court Appearances**

Above: Ronald Pinkoski tries to perfect his dribble as junior camp counselor Dustin Scarborough coaches him. Photo left: Rimrattler Reggie Stanley takes on the daunting task of guarding MWR player Nile Clifton during intramural basketball play on Aug. 11. MWR won 31-25. Intramural games and children's camps take place in the Community Activities Center gym.

### Intramural Sports Standings **Softball** Moat Dogs George Washington 16-2 8-10 **DCST JTFCS** 6-12 15-3 \*As of Aug. 16. 9-9 Warriors **Basketball** HHC 6-0 Fire 2-5 **MWR JTFCS** 1-4 Cadet Command 4-2 \*As of Aug. 16

Standings are provided by the Fort Monroe Sports Office

## Riding the Waves



Photo by Mike Carlomany

Calla Abbott mounts a surf board and heads out to sea while participating in the National Lifeguard Competition held in Virginia Beach on Aug. 13.

# Sports Roundup

### Softball championship

The intramural softball championship game will be played at 6:30 p.m., Tuesday at DeRussy Field, weather permitting.

At present, the George Washington team is holding on to first place with DCST trailing closely behind. The two teams are at least six wins ahead of the third-place Warriors.

The seven inning championship game will have no time limit and the 10-run rule will be in effect. If Game 9 is played, there will be a 15-minute break before game time.

### Youth tennis

Youth Sports will offer a fall tennis program from Oct. 11 to Nov. 17 for ages 5 and up. The cost is \$40 for 12 sessions and equipment is provided. Annual Youth Services membership (the annual fee is \$18) is required.

Registration begins Sept. 10 at the Community Activities Center. For more information, call Mike Jones, the youth sports director, at 788-2430.

### Tennis coach

Youth Sports needs a volunteer coach for fall tennis. The fall season runs from mid-October through mid-November.

If interested, call Mike Jones at 788-2430.

### Golf fundraiser

The Tidewater Chapter of the Adjutant General Corps Regimental Association will hold a fundraiser golf tournament on Sept. 5 at Pines Golf Course, Fort Eustis. Sign-in will be conducted between 7 and 8:15 a.m., following by the shotgun start at 8:30 a.m.

The format is Captain's choice, four-person teams. Golfers may sign up with a team or as an individual and be placed on a team.

The cost is \$35 per person, which includes green fees, cart, range balls and a buffet lunch. Mulligans are two for \$5.

There are prizes for first and second flights, longest drive and closest to the pin. Door prizes will also be awarded.

The registration deadline is Sept. 12. Checks should be made payable to: AG Regimental Assoc.

To sign up, contact Ben Weigle at 788-3669 or Weiglebf@monroe. army.mil; or Jamie Sisler at 788-5082 or Sisleril@monroe.army.mil.

### Ten-Miler volunteers

Additional group and individual volunteers are needed for the 21st Annual Army Ten Miler scheduled for early October.

Positions yet to be filled include packet pick-up and t-shirt distribution helpers. Volunteers will receive a commemorative t-shirt and groups of ten or more will receive a special recognition plaque.

The actual race will take place Oct. 2 at 8 a.m. Runners will start and finish at the Pentagon.

More than 20,000 runners from around the world typically participate in the annual race, which is produced by the U.S. Army Military District of Washington.

To volunteer, visit www. armytenmiler.com and go to the

registration page. Additional race information is also found at the Army Ten-Miler Web site.

### Morning hike

Nature walks are conducted every Thursday at Newport News Park. Led by rangers, the expeditions run from 9:30 to 11 a.m.

Hikers meet at the Discovery Center on Constitution Way, one mile into the park.

In addition to some great exercise, the walks are a good way to learn about park programs and improve wildlife watching skills. Participants are encouraged to bring binoculars and cameras.

The hikes are free. For more information, call 886 7912.

The "Fridays at the Fort" celebration has been extended through September. Conducted at the Bay Breeze Community Center, the event features great food and DJ music. For more information, call 788-2406/4225.

# Moat<sub>Notes</sub>

### **UPCOMING SPOTLIGHT EVENTS**



## Aug. 19

### Summerfest

Fort Monroe's newest family fun event — Summerfest by the Bay — continues today from 5 to 9 p.m., with live music by Permanent Vacation. The gathering takes place at the post outdoor pool and along the boardwalk behind the Bay Breeze Community Center.

Other features of the celebration include games, swimming, beach volleyball and barbequed food. The event is open to the public and reservations are not required.

Off-post participants should note that access to the installation for anyone 18 years and older requires a picture ID. If severe weather occurs, the event will be cancelled. For more information, call the Morale, Welfare and Recreation Special Events Hotline at 788-2850.

### Gloucester fair

Treat the kids to one last summer fling at the Gloucester Country Fair today through Sunday at Ark Park, Route 17S, approximately two miles north of the courthouse. This old-time country fair offers an array of games, rides, shows, food and lots of fun. For more information, call (804) 693-2255.

# Aug. 20

### Seafood festival

The Watermen's Museum, Yorktown, will host a Seafood Festival Saturday, from 9:30 a.m. to 5:30 p.m., at their Water Street location along the York River.

Along with the culinary fare prepared and served by "The Women of the Water," the festival will feature arts and crafts booths, exhibits, and special events for children. The Fife and Drum Corps of Yorktown will perform at noon.

Advance tickets may be purchased for \$20 at the museum gift shop or front desk. Tickets are \$25 on the day of the festival. Free trolley transportation will be available from the Yorktown Victory Center and from parking lots at the County Administrative Center and Court House. For further information, contact Don Wiggins on weekdays between 8 a.m. and 5 p.m., at 253-8787.

### Curb market

Fresh seafood, natural homemade soaps, plants and planters, homegrown vegetables and specialty cheeses are just some of the offerings of the Olde Towne Curb Market, Smithfield, conducted each Saturday from 9 a.m. to noon. The

## Shower Power

stories and briefs in this issue.

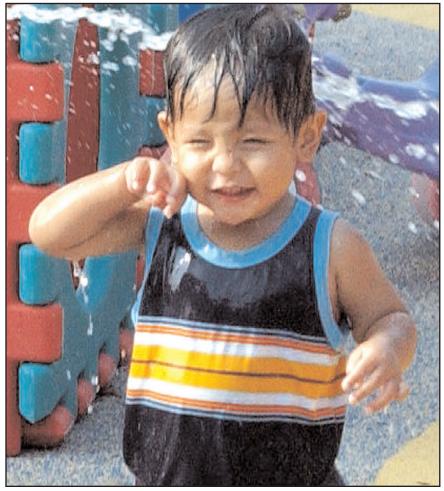


Photo by Joshua Brevard of water dur-

Jun-Luiz Gomez, 21 mos., frolics beneath a spray of water during pre-toddler water play on Aug. 12 at the post Child Development Center.

market continues until the end of August.

Guests are encouraged to wear comfortable walking shoes and bring a cloth bag for purchases.

For more information, visit oldetownecurbmarket.com.

### **Block party**

The Saturday Night Block Party along Queens Way in Downtown Hampton will feature the music of Fools and Horses. The celebration starts at 6 p.m. The street fair is fun for all ages and features an "alcohol-free" children's area. Admission is free. For more information, call 727-1570.

### Kid contest

York River State Park, Williamsburg, will host a children's fishing tournament Saturday from noon to 4 p.m. at Woodstock Pond. The tournament is open to ages 6 to 15.

An adult must accompany all participants. Bait and poles will be provided, or participants can bring their own. The park's fishing gear is limited, so call ahead for availability

There is no participation fee, however, reservations are required. For more information, call 566-8523.

### Music festival

Fans of reggae, jazz, blues and gospel won't want to miss the King-Lincoln Music Festival Saturday from noon to 5 p.m., at King-Lincoln Park, Newport News.

Featured performers include The Rhythm Project (steel drums), Ever-G (Reggae), Robert Jospe and Inner Rhythm (jazz) and Calden (gospel). The event also includes free children's activities to include a rock wall, moon bounce, train ride, obstacle course, face painting and crafts. Vendors will also be on site selling food and beverages.

Admission and parking are also free. The park is located on Jefferson Avenue, close to the Monitor-Merrimac Bridge/Tunnel. For directions and more information, visit www.nnparks.com.

### Lantern tours

Discover more than 300 years of history during the hour-long Olde Towne Portsmouth Lantern Tour offered each Saturday and Tuesday throughout the summer.

Saturday groups depart from the foyer of the Renaissance Portsmouth Hotel at 7:30 p.m. Tuesday groups depart from the lobby of the Holiday Inn at 8:30

Tickets can be purchased from the escorts immediately before the tour. For admission fees and other information, call 393-5111.

## Aug. 21

### Ice Cream Sunday

It's Ice Cream Sunday at the National Maritime Center, Norfolk. All children up to age 12 will receive a coupon for a free ice cream cone with a regular child admission purchase.

Center exhibits include Nauticus, the Hampton Roads Naval Museum and the USS Wisconsin. Hours of operation are 10 a.m. to 6 p.m. daily, through Labor Day. The admission fee is \$9.95 for adults and \$7.50 for children 4 to 12 years of age. For more information, call 664-1000.

### Silver secrets

Learn the secrets of the colonial silversmith during a free demonstration Sunday from 10 a.m. to 2 p.m. in the courtyard of Courthouse Galleries, Portsmouth.

An expert craftsman from Colonial Williamsburg will show his traditional style of silver making. The free demonstration is part of a new exhibit titled "Place, Setting, and Time: Early Tidewater Silver," which will remain on display at the gallery through Sept. 5.

Admission to the Courthouse Galleries is \$3 per person. For more information, call 393-8543.

### **AT THE MOVIES**

Showing at the Fort Eustis Theater

Friday, Aug. 19

7 p.m. — The Island (PG-13)

Saturday, Aug. 20 2 p.m. — Fantastic Four (PG-13)

7 n m — High Tension (R)

7 p.m. — High Tension (R)

Wednesday, Aug. 24
7 p.m. —The Island (PG-13)

Thursday, Aug. 25

7 p.m. — Fantastic Four (PG-13)

Friday, Aug. 26

7 p.m. — Bad News Bears (PG-13) Saturday, Aug. 27

2 p.m. — Charlie and the Chocolate

Factory (PG)
7 p.m. — The Devil's Rejects (R)

Wednesday, Aug. 31

7 p.m. — Charlie and the Chocolate

Factory (PG)
Thursday, Sept. 1

7 p.m. —Bad News Bears (PG-13)

\*The Langley Air Force Base movie theater is closed for renovations.

Adults \$2, children 6-12 years old \$1.50 and children under 6 are free. If a child under 6 occupies a seat at a G-rated movie, admission is \$1.50. For more information, call 766-1237.

Join us Aug. 28, Sept. 11, and every Sunday in October and November from 11 a.m. to 2 p.m. The brunch is open to the public and it features a waffle bar, omelet station, and a wide range of desserts. Prices are \$10.95 for adults and \$5.95 for children ages 5-12 (under 5 eat free). Reservations are suggested, but not required. Call 788-2406.





# Aug. 23

### Family movies

The 2005 POMOCO Family Movie Series continues at Buckroe Beach, Hampton, Tuesday with the evening showing of "Harry Potter and the Prisoner of Azkaban." The festivities start at 7 p.m., followed by the movie at sunset.

Music, rides and games are a regular offering of the Buckroe Beach celebration. On-site vendors will offer popcorn, pizza, hotdogs and ice cream, among other goodies. Guests can also bring snacks to enjoy with the movie.

The series concludes Aug. 30. Audience members and the POMO-CO auto group will vote for the movie that will show that evening. The series is free and open to the public. Parking is \$2. For more information, call 727-8311.

## Aug. 25

### 'Hot August Nights'

The Hampton Parks and Recreation Department's "Hot August Nights" celebration concludes Thursday. The event is scheduled for 7:30 to 10:30 p.m. The featured band will be DJ & Karaoke.

Food, games and karaoke will also be part of the evening's festivities. The event is geared toward

teens, but promises to be a fun time for the whole family. Admission is free. For more information, call 728-2085.

### Surf championship

More than 100 top professional surfers from around the world, and 300 other amateur enthusiasts, are expected to compete for prizes totaling \$72,000 during the 43rd Annual East Coast Surfing Championship Thursday through Aug. 28 along the oceanfront in Virginia Beach.

In addition to surfing, the event features beach volleyball, running and swimsuit competitions, as well as extreme sports like skateboarding. Live bands are also scheduled to perform each day at stages along the oceanfront.

All activities are free and open to the public. There is a fee for participants in each sporting competition. For more information, visit www.surfecsc.com.

# Aug. 26

### Soul Beachfest

National recording artist Walter Beasley, and the group B.T. Express, are among the performers lined up for Soul Music Beachfest 2005, Aug. 26 and 27 at the Beachstreet Seaside Palladium, 24th Street Park, Virginia Beach.

The annual celebration explores

the African origins of today's diversified music genres to include soft rock, jazz, Latin and rhythm and blues. Along with the continuous lineup of entertainers, the two-day event features art and craft displays, multi-cultural food items and an amazing array of ethnic merchandise.

All concerts are free and open to the public. Performances run from 6 to 10:30 p.m., Aug. 26, and 12:30 to 10:30 p.m., Aug. 27. For more information, visit www.beacheventsfun. com and click on the "calendar" link.

## Aug. 27

### Art show

Featuring the works of more than 90 artists and crafters, as well as live entertainment and food, the 35th Annual Seawall Art Show is scheduled for Aug. 27 and 28 along High Street in Olde Towne Portsmouth. The hours are 10 a.m. to 6 p.m., Saturday, and 10 a.m. to 5 p.m., Sunday.

Fine jewelry, blown glass, pottery, metal work, and a huge assortment of paintings and other artwork done in oils, pastels, watercolor, acrylics and more will be among the items on display and up for sale. Visitors can browse and shop while enjoying the variety of scheduled performances featuring the Upper Willet Drive Big Band, the Jim Newsom Quintet, the Navy Atlantic Fleet Band, the Tidewater Concert Band and others.

Admission is free, as is parking in the City of Portsmouth garages all weekend. For more information, call 393-8983, ext. 13.

# Sept. 3

### Free concert

The newly completed River Walk Landing along Water Street, Yorktown, will be the site of a free outdoor concert featuring the Ninth Virginia Symphony Sept. 3. The award-winning Fifes and Drums of Yorktown will open the show at 6 p.m., following by the symphony performance at 7:30.

Vendors will be on site with light picnic fare, hot dogs, desserts and soft drinks. Guests may also bring their own picnic basket, as well as blankets and lawn chairs. The "Celebrate Yorktown" committee will also be selling posters, T-shirts, tote bags and more.

Signs will be posted to direct visitors to parking areas. A free shuttle service will be available before and after the concert. For more information, call 898-1243.

### Spotlight Lvent

The Beach Boys will perform at Hampton Coliseum Sept. 3 at 3 p.m. Tickets are \$5. Call 838-5650 for more information.

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# **GUANTANAMO**

### **Continued from Page 7**

allegations. You know, when you are detained, tell everybody they did this or tell everybody they did that," he said.

"And the Soldier doesn't have a forum to come back and say, 'that's just not so.' So, he's painted with a (negative) brush. When he comes home to his family, they say 'you were in GTMO and you did this or that,' and the Soldier says, 'well, I didn't see any of that.' Yet, you know because it's out in the media, guilt is assumed. I think it's kind of sad," Feehan said.

Duty at GTMO was also tough physically, the chaplain noted. There is a saying among units stationed there that the average Soldier loses 15 pounds and the average detainee gains 15 pounds. Much of that has to do with a demanding physical training regimen that involves numerous steep hills and very rough terrain.

"The detainees really are well fed, and they receive excellent dental and medical care," Fee-

han said. "The Soldiers take that part of the mission very seriously. Once we get them, it's our responsibility to treat them humanely and take care of them."

Overall, the Bremerton, Wash. native said his day-to-day duties of being a chaplain at GTMO were much the same as other assignments completed during his 20 years in the Army. They include: Deputy Post Chaplain at Fort Drum, N.Y.; Brigade Chaplain for the 159th Aviation Brigade, 101st Airborne Division (Air Assault), Fort Campbell, Ky.; and Brigade Chaplain for the 2nd Brigade, 2nd Infantry Division, Camp Hovey, Korea.

He also served as the Hospital Chaplain at Fort Riley, Kan.; Battalion Chaplain, 2-13 Armor Battalion, and later, Law Enforcement Command Chaplain at Fort Knox, Ky.; and Battalion Chaplain, 2-68 Armor Battalion, 8th Infantry Division, Baumholder, Germany. He began his Army service as Battalion Chaplain, 24th Transportation Battalion, 7th Transportation Group, Fort Eustis, Va.

Feehan served six years in the Navy as a fire control technician and 12 years as a Chesapeake, Va. police officer prior to accepting his Army commission.

"I felt the call of God to be a chaplain in the military and the Army model was more like what I wanted to do. It is very much rapport building, being with Soldiers and sharing their hardships. That is very much what I like to do," he said.

To some, law enforcement and the chaplaincy seem light years away from each other. He said the connection is that "we both want to help people."

"I believe God gave me a calling and that is to help people. I came to know the Lord when I was in the (Navy). I was a young man and had a lot of questions about my place in life. I look back on that time and I find a warm spot in my heart for people who are in that situation. I want to be there for those people ... to help them answer those questions and help them find out who they are and what God has in mind for them."

He said the culmination of his life experiences enables him to minister to the Soldier more compassionately and effectively.

"I believe all my life, up to this point – time as a policeman and years in the Navy – was preparation to be able to answer their questions, not just with scriptures but with experience. I know what you're feeling, because I was there.

"I believe that we are all witnesses. I don't believe that we're all just standing up there giving (our) testimony," he said raising his hand. "One has to witness things, see things and testify to the truth of those things. Not just testify, but also be there to see and experience. So, I can give my testimony of what God has done in my life. That's where I'm coming from."

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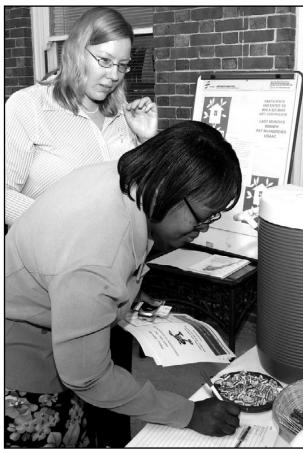


Photo by Patricia Radcliffe

### A Moment of Pride

Carrie Wright (front) adds her name to the tally of 43 participants in Tuesday's Clean Sweep Walk which began the Fitness Center. Jennifer Mango awaits her turn to sign in and be part of keeping the post pristine.

## MUTS season concludes with '1812 Overture'

The U.S. Continental Army Band concludes its 2005 Music Under the Stars concert series Thursday with its dazzling "1812 Overture" show. The performance begins at 7 p.m. at Continental Park. It's free and open to the public.

The show features an exciting lineup of patriotic music, and the finale incorporates the synchronized firing of 105mm Howitzers, manned by the Fort Monroe Salute Battery.

In the event of rain, TUSCAB will postpone the performance until the following evening at the same time and location. All visitors 18 and older must present a valid picture ID to access the installation.



### Reaching for the stars

Dennis E. Rogers is officially promoted to brigadier general by his boss, Lt. Gen. Robert Van Antwerp, commanding general of U.S. Army Accessions Command, and spouse, Vickie, during an Aug. 15 ceremony at Continental Park. Rogers is the Deputy Commanding General and Chief of Staff for USAAC.

Photo by James Wagne

**Continued from Page 5** 

- c. On grass covered/seeded areas.
- d. Prohibited signs and yellow lines marking fire hydrants and fire lanes are visible.
- e. In housing areas in or in front of another resident's driveway or their assigned space, except where permission has been obtained.
  - f. Parking spaces are reserved by a sign.

### **Housing Area Parking**

- a. Resident parking spaces on Fort Monroe are normally lined and/or signed, and parking rules are then enforced accordingly.
- b. Residents are responsible for informing visitors of the proper place to park their vehicle.
- c. Do not park motorcycles or other equipment with internal combustion engines on porches or adiacent to wooden structures due to the fire hazard posed by the gasoline tank.

### Recreational Vehicle (RV) Parking/Storage

a. Boats, boat trailers, motor homes, campers and house/baggage trailers are considered RVs.

- visiting Fort Monroe for more than 30 days.
- c. Registered RVs may be parked or stored only in designated MWR storage locations, as space is available. Contact Outdoor Recreation to arrange RV storage.
- d. Visitors with RVs are only authorized to park at the Monroe RV campgrounds.
- e. RVs may park in housing areas for up to 24 hours only for the purpose of cleaning, minor repair and preparing for or unloading from a trip. Parking is only authorized within driveways or adjacent to quarters if approved by the occupants. Such parking will not deny individuals access to their authorized spaces, create a safety hazard or impede the flow of traffic.
- f. The only authorized area to empty and flush sewage tanks is located at the post RV lot.

### Handicap Parking.

a. Handicap parking is available to all applic-

- b. RV registration at the PMO is required if able employees and visitors. These marked spaces are enforced on a 24-hour basis.
  - b. Individuals who receive two parking violations (DD Form 1408) within a six-month period will be issued a notice from the garrison commander through their chain of command, stating they are at risk for towing enforcement and loss of their installation driving privileges.
  - c. Individuals receiving three parking violations within a six-month period will have their vehicle towed at the owner's expense and forfeit their post driving privileges for one month.
  - d. Individuals receiving six parking violations within a six-month period will have their vehicle towed at the owner's expense and forfeit their installation driving privileges for three-months.
  - e. Individuals receiving nine parking violations within a one-year period will be towed at the owner's expense and will have their post driving privileges suspended for up to 6 months.

The new Hourly Care Room in the Child Development Center, Building 245, is now open. The hours of operation are 8:30 a.m. to 3:30 p.m., Monday through Friday. For reservations and information, contact Susanne Elsass at 788-5960.

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